



TEACHER'S UNIT GUIDE FOR

BUILD a BURRITO
BY DENISE VEGA

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Build a Burrito Lesson Plan

Grade(s): Preschool & Kindergarten

Developmental Areas: Emergent Reading, Colors, Counting, Sorting, Fine/Large Motor

Objectives:

- Given story images, the learner will develop word association by predicting words based on the number shown or counted on each page.
- Given story images, the learner will develop language awareness by predicting the Spanish/English words based on the number shown or counted on each page
- Given a sets of parts, the learner will demonstrate story order by putting the parts in the appropriate order.
- Given story images and a set of parts, the learner will demonstrate the ability to count from one to ten by counting individual parts.
- Given a set of parts, the learner will demonstrate the ability to sort by sorting parts by color and type.
- Given paper and scissors, the learner will develop fine motor skills by cutting out individual parts.

Materials: *Build a Burrito* book, 10 popsicle sticks, tape, Reproducibles, markers, scissors

Preparation:

1. Print Reproducibles 1 & 2 on white or colored cardstock.
2. If printed on white paper, color each burrito part the appropriate color. *See chart on next page.*
3. Cut out each part.
4. Print out labels (Reproducible 12) on Avery 8160 labels and adhere to the back of the relevant part or hand write associated text on each part. Place near the top so you don't cover with Popsicle stick. (The mouth is for the last two pages, "Now fold the tortilla for ten eager fingers... and one big bite!" Students should count their own fingers for this part.)

Optional: Lamine individual parts and cut out. If you don't have a laminating machine you can also use clear contact paper.

5. Using strong tape, such as shipping tape, adhere one Popsicle stick to the back on the bottom of each burrito part. Make sure each piece of food is vertical so you can "lay" them over the top of each other on the tortilla.



Activity:

1. In circle time, read the story from the book. You can read both language versions or just one at a time.
2. Have the students count each food item with you in the relevant language. (Have them count their own fingers for the "10 eager fingers.") When using both languages, identify the English and Spanish word for each burrito part.
3. Ask the students if there is any item that uses the same word in both English and Spanish. Why?
4. Identify the colors of each burrito part. If reading in student's non-native language, have students practice saying the names of the colors. *See color chart below.*
5. Encourage discussion by having students share what they like on their burritos.
6. Repeat with visual aids; same or different day. Hold up stick and 'lay' each part over the top of the previous one. Focus on desired concept. If counting, don't forget to have students count their fingers for "10 eager fingers". Follow-up with any or all of the Extension Activities.



White
Blanco

Red
Rojo

Brown
Marrón

Green
Verde

Yellow
Amarillo

Purple
Morado

VARIATIONS:

Magnets - Instead of Popsicle sticks, adhere magnets to the back of each burrito part to be used on a magnet board or cookie sheet. Hand out various parts to students. Have them place appropriate part on the magnet board as you read. Have them count their own fingers for "ten eager fingers." **Note:** if you use a sheet magnet it will not be strong enough to stack the parts on top of each other.



Flannel Board – Print cut-outs onto Avery T-shirt Transfer paper instead of cardstock. Be sure to change printer settings to Black instead of color and select Iron-On Transfer as a paper option, if available. In addition to included instructions, use a thin paper bag such as a lunch sack over the top of the felt and iron-on before ironing. If you don't use a paper sack, the felt with "melt" and come apart. Because of the slick surface of the transfer, the parts will not stack on top of each other. If you leave the transfer off the tortilla you can put a few parts on top of it. Hand out various parts to students. Have them place appropriate part on the flannel/felt board as you read. Have them count their own fingers for "ten eager fingers."

EXTENSION ACTIVITIES

ART/CRAFT

Build Your Own Burrito

Preparation: This activity can be done as a class or at a learning center. Print out Reproducibles 5 & 6, enough for each student.

Activity:

1. Each student colors all the burrito parts. Students can either color parts whatever they want or to encourage following directions, have them color each part to match the colors used in the book. *See chart below.*
2. Student cuts out all the parts.
3. Student builds their burrito in the correct order by counting the various parts.
4. Students can glue the parts together and fold over the tortilla gluing it closed or they can keep them loose to rebuild and practice counting at home. If kept loose, store in a baggie.

| | |
|------------------------------|-----------------|
| Tortilla – white or no color | Tomatoes – red |
| Rice – yellow | Olives – purple |
| Beans – brown | Lettuce – green |
| Meat – brown | Cheese – yellow |
| Chilies—red | |

MATH

Sorting/Counting

Preparation: This activity is designed for use at a learning center.

1. Print out Reproducibles 7-9 on colored cardstock, using colors to match what is used in the book. *See above chart.* Print one set if students will work together at the center, otherwise, enough sets for the maximum number of students at the center.
2. Cut out individual parts.
3. Store in baggie(s)

Activity:

1. Students dump out all the parts.
2. Sort them sort by food type.
3. Count each food set.
4. Sort by color.
5. Count each color set. Are the amounts the same or different?
6. Have them guess the total number of parts. Then have them count all the parts. How close were they to their guess?

VARIATION: Have students track the number totals by coloring the corresponding number of squares on a graph using Reproducibles 10 & 11.

MOVEMENT

I am a Chili

Preparation: None

Activity:

1. As a large group, read *Build a Burrito* again.
2. For each part, have the children put themselves into the food shape, e.g. lie flat for the tortilla, make themselves round for the tomato slices. They will likely need to lie on the ground. For multiple parts have students find the appropriate number of partners to make the food set, e.g. Two scoops of rice à “Find one partner so you can make two scoops of rice.” Three spoonfuls’ of beans à “Find two partners so you make three spoonfuls of beans.”
3. Continue for the remainder of the book.

SCIENCE

Make Your Own Tortilla

Preparation: Recipe ingredients, measuring tools, mixing bowl, wax paper, several small rolling pins, spatula, and hot plate with medium size non-stick pan or an electric skillet. Bring in various foods to stuff the burritos. This can be traditional stuffings, like meat and cheese or other kid favorites like peanut butter and jelly. You can also have students bring their favorites to class.

Note: You will need at least one other adult to help kids with the various tasks.

Activity:

1. Read the recipe aloud first. Re-read, directing a couple of students to gather the ingredients as you call them out, while other kids gather any utensils or bowls you need. If this is too chaotic, you can point to each ingredient and relevant tool while you read the directions.
2. Go over safety rules before cooking, e.g. the importance of hand washing and wiping counters down after food touches the surface; only letting an adult work with hot surfaces.
3. Have students help measure the ingredients and add them to the bowl.
4. Mix the ingredients.
5. Give each student a square of wax paper and a golf ball size piece of dough. Have each student flatten and roll out their dough into a flat circle. The thinner the better. When they are done, they can bring their tortilla to the “cook,” who will cook the tortilla on the skillet.
6. Using their cooked tortilla, the students can then build their own burrito and enjoy.

VARIATION: If you have time constraints, have dough prepared ahead of time. If you don't have access to a hot plate or electric skillet, this can be a fun snack with store-bought tortillas.

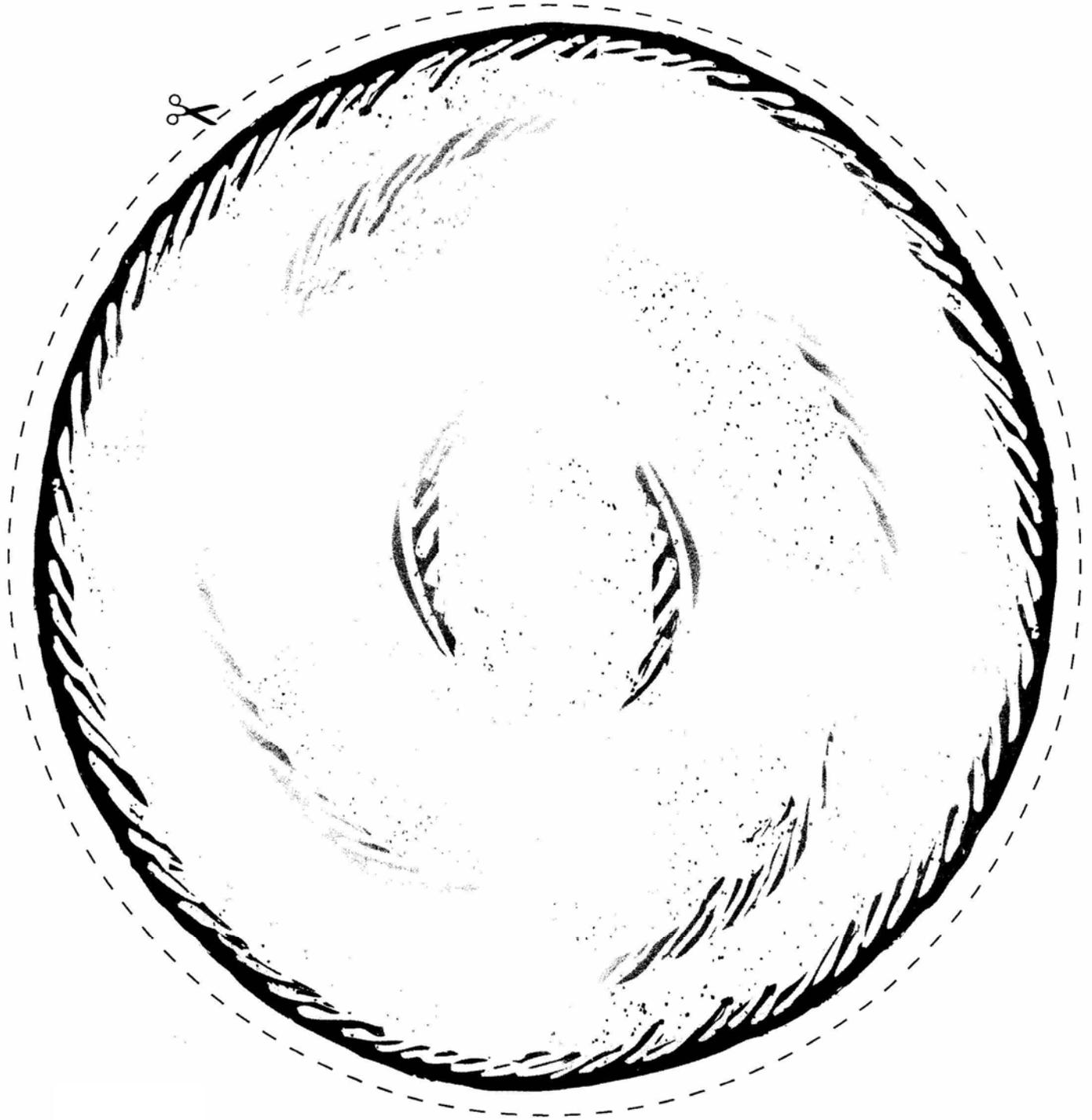
Flour Tortillas

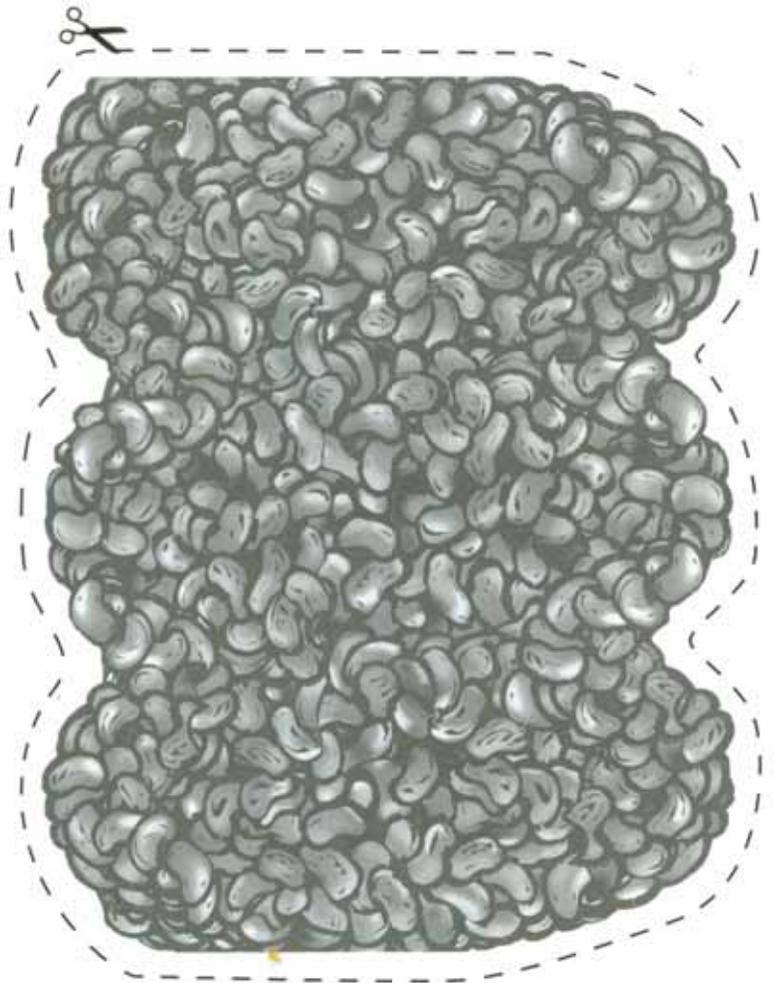
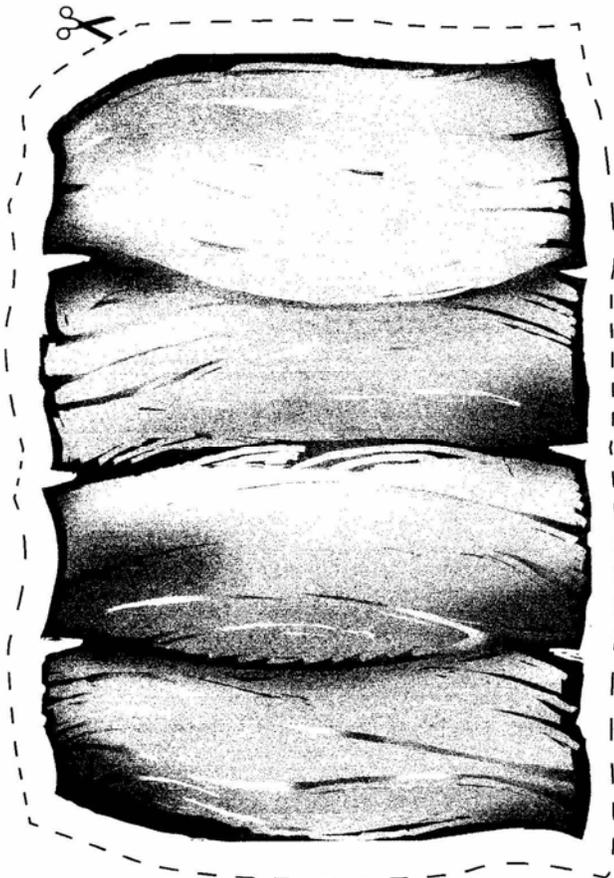
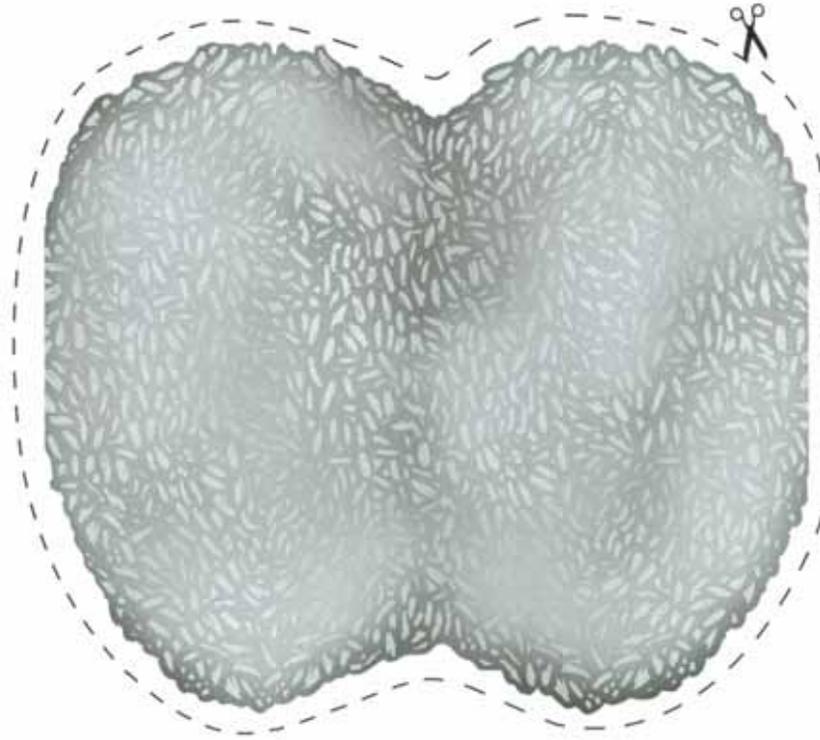
Ingredients

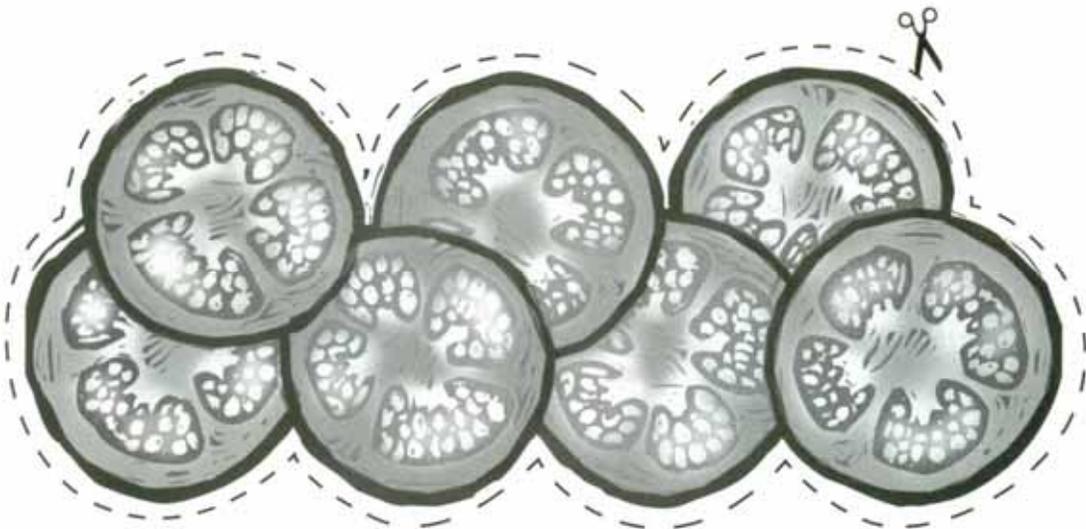
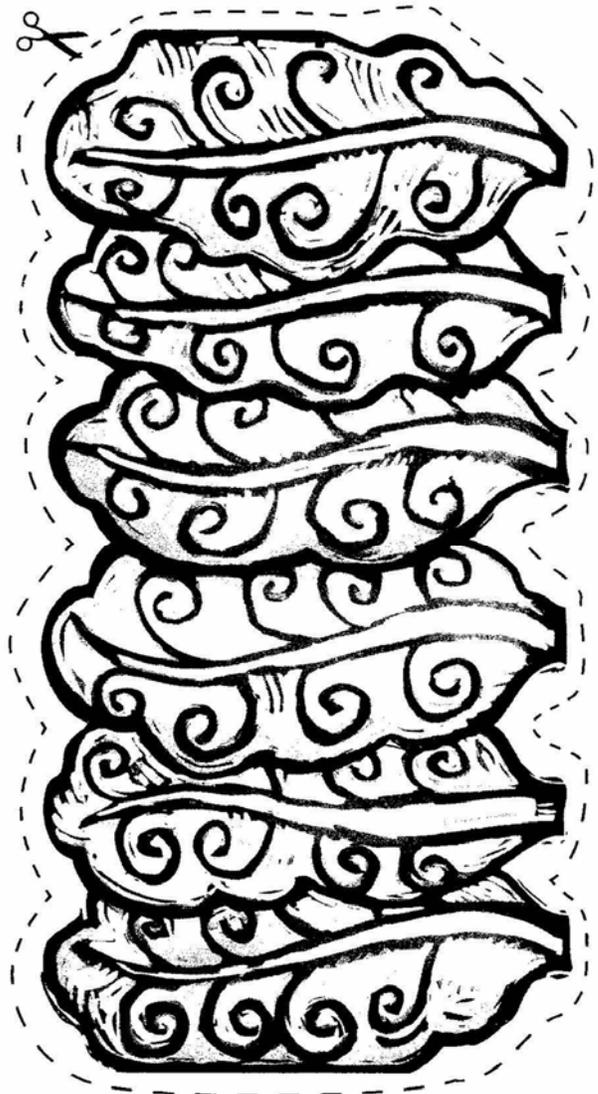
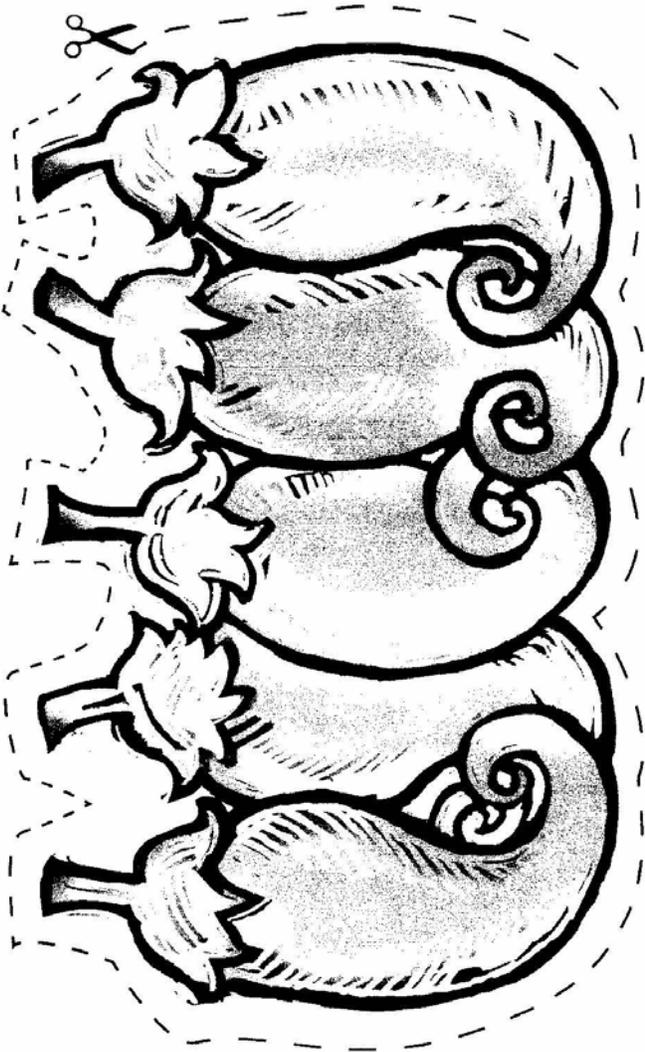
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| 3 cups flour | 4-6 tbsp shortening |
| 1 tsp Salt | 1 1/4 cup warm water |
| 2 tsp baking soda | |

Instructions:

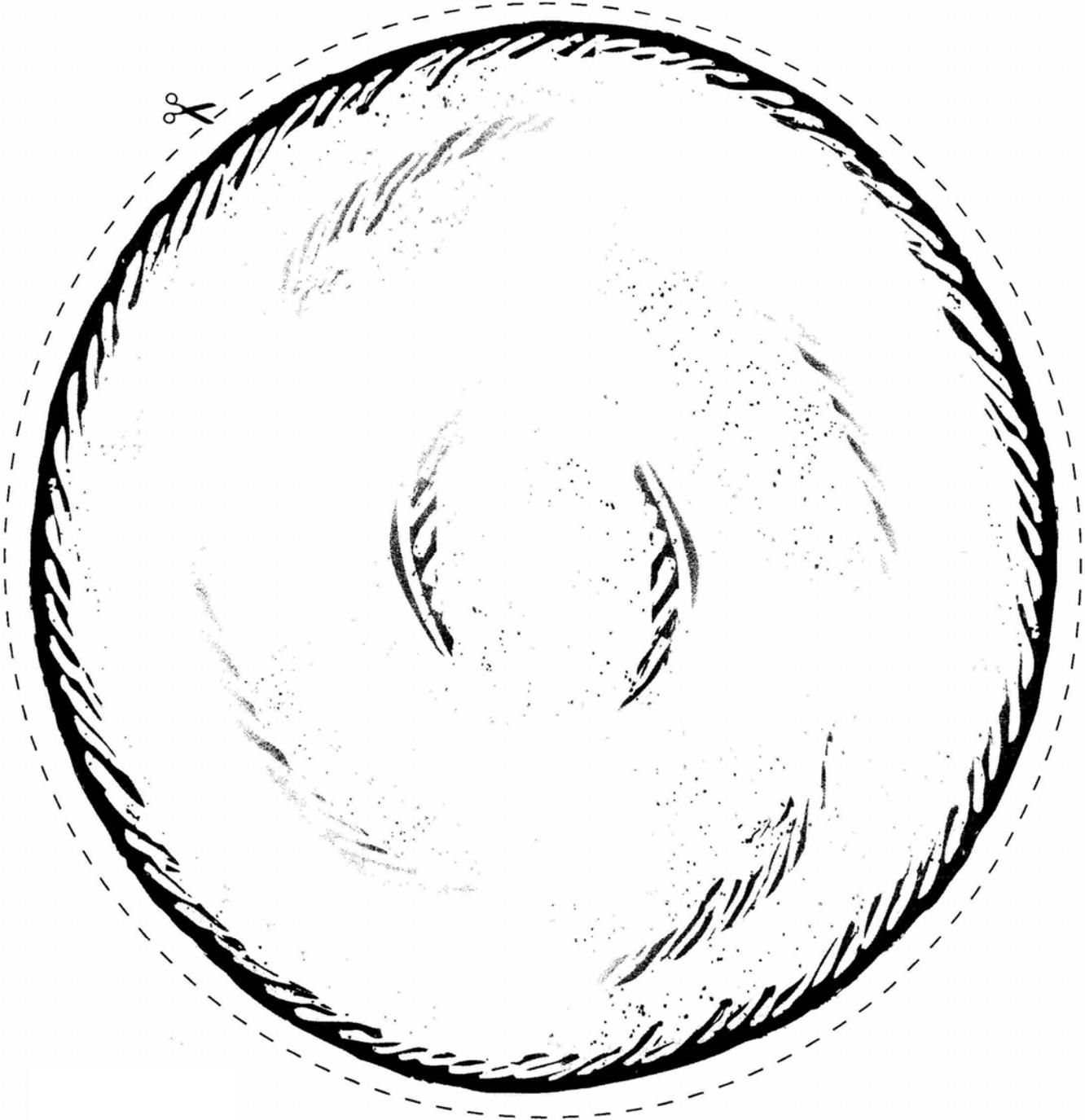
1. Mix dry ingredients in a large bowl.
2. Add vegetable shortening or lard. Or use a combination of half lard, half shortening.
3. Use a fork or a pastry cutter to cut in the shortening or just do it the old fashioned way and use your hands.
4. Next add warm water a little at a time until your dough is soft and not sticky. You do not need very hot water.
5. Knead the dough for a few minutes.
6. Heat up the skillet. Set it at medium to high heat. If it is too hot, the tortillas will cook too fast.
7. Roll out the dough with your tortilla rolling pin. It is a good idea to dust each ball with a little flour just before you roll it out. It is good to lift the dough and turn it. Again, rolling pin in the center and roll. Roll them out fairly thin.
8. Lay your tortilla on the hot skillet. It takes just a few seconds to cook. Flip to the other side. When the tortilla is done, it should have lots of nice brown speckles.

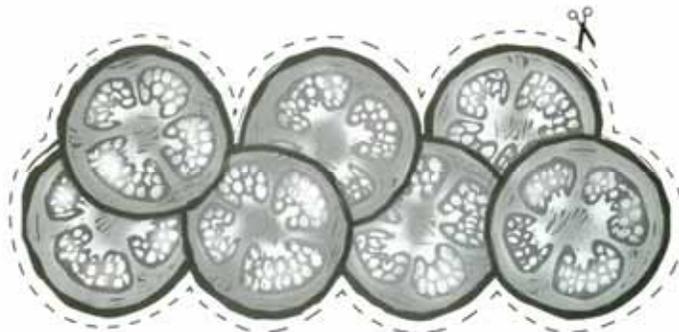
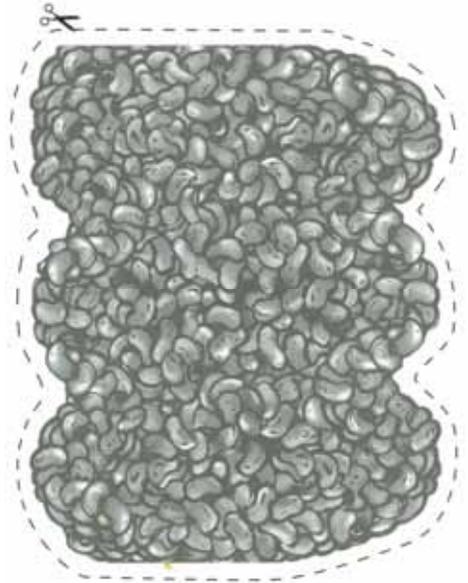
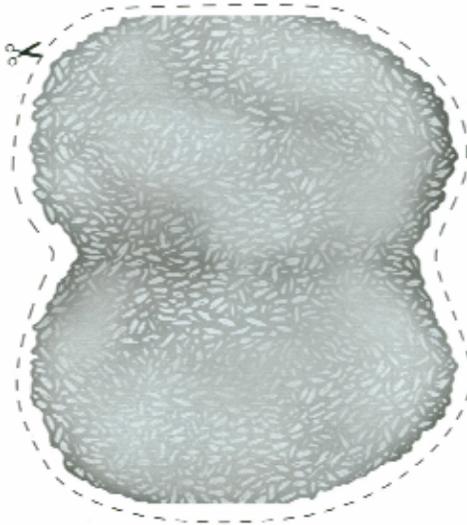
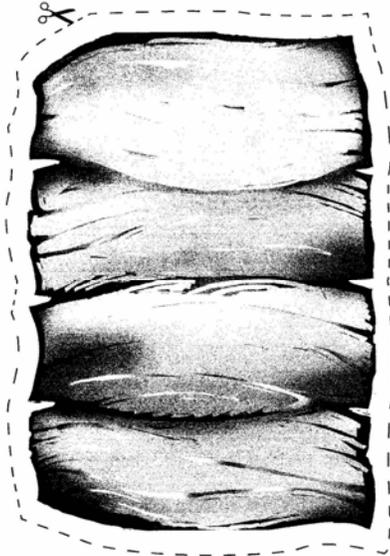
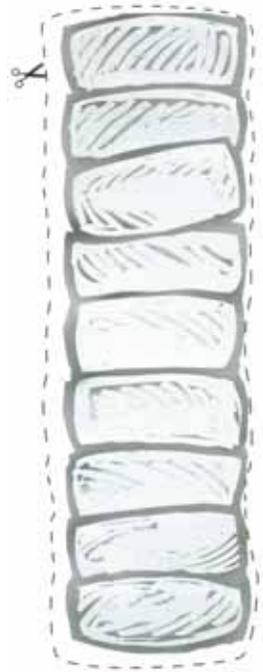
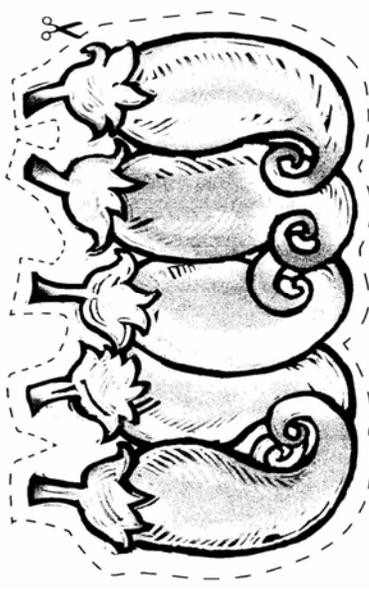
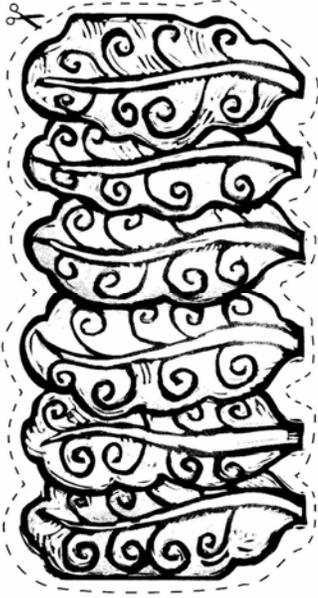


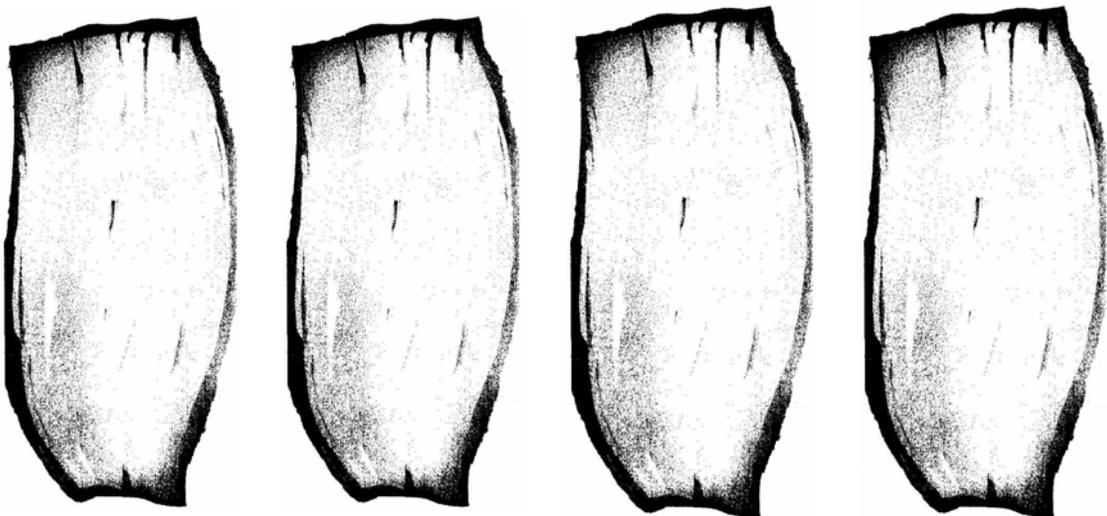
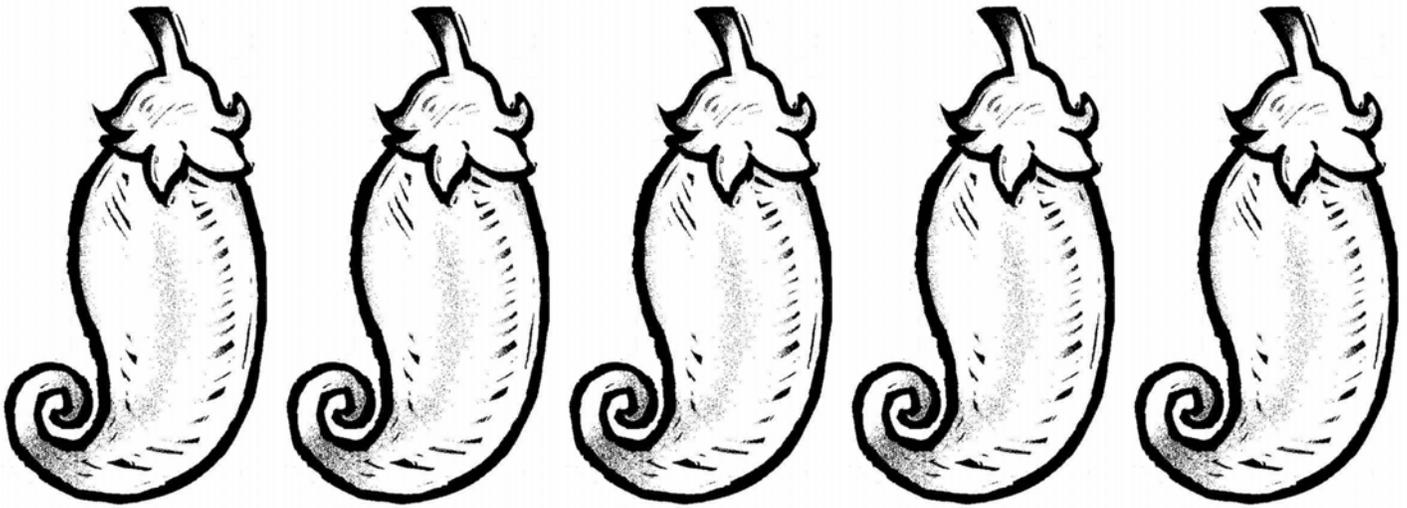
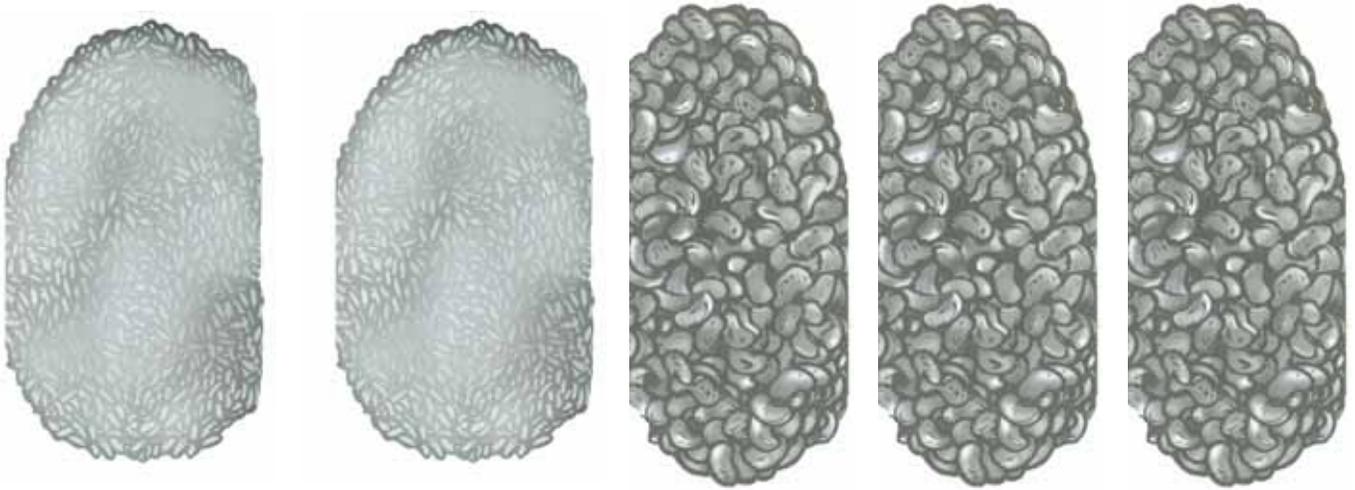


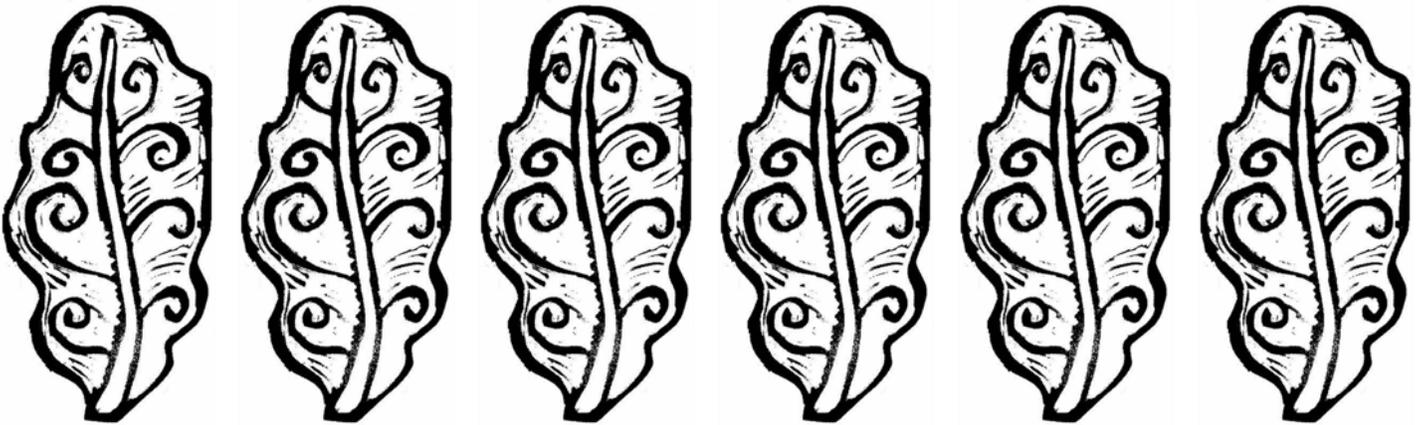














One round tortilla
Una tortilla redonda

Two scoops of rice
Dos cucharadas de arroz

Three spoonfuls of beans
Tres cucharadas de frijoles

Four strips of meat
Cuatro tiras de carne

Five hot chiles
Cinco chiles picantes

Six pieces of lettuce
Seis pedazos de lechuga

Seven slices of tomatoes
Siete rebanadas de tomate

Eight juicy olives
Ocho aceitunas jugosas

Nine chunks of cheese
Nueve trozos de queso

Now, fold the tortilla...
for ten eager fingers...
and one big bite!
Ahora, dobla la tortilla para...
diez dedos impacientes...
y un bocado grande!